

**Swift Performance/ Together Elite  
YOUTH INVITATIONAL TRACK MEET  
2008**

**Hosted By:** Swift Performance/ Together Elite youth track team

**Sanctioned By:** Southern California Association/USA Track and Field

**Date:** April 12 -13, 2008

**Site:** **SERRA HIGH SCHOOL**  
**14830 so. VAN NESS AVE**  
**GARDENA, CA 90249**

**Parking** In the Immediate school lot. Plenty of residential parking on adjacent streets when the lot becomes full. All charter buses please call to reserve your space.

**Time:** Field Events 8:00am  
Running Events 8:00am

**Entry Fees:** **\$3.00 PER EVENT / \$12.00 PER RELAY.** Fees must accompany entries and must be paid in certified funds, or club check. **No personal checks.** **Make team checks or money orders payable to Together Elite youth track.**

**Mail Entries to:** Lori Smith-Thompson  
18946 Vickie Ave #277  
Cerritos, Ca. 90703

**Meet Director:** Lori Smith-Thompson (951) 202-6562

**Entry Deadline:** **Our pre registration deadline is APRIL 07, 2008.** All entries must arrive on or before APRIL 07, or will be considered late and an additional late fee will be attached to your pick-up packet.

**Late Entries:** \$5.00 PER EVENT & \$20.00 PER RELAY. Late entries will be subject to lane availability. Late entries on meet days will be restricted to the hours between 7:00 a.m. to 11:00 am

**Track:** ALL WEATHER TRACK. All track and field events & runways are restricted to ¼" Prymid spikes.

**Directions:** [www.Mapquest.com](http://www.Mapquest.com)

- Entry Requirements:** Entries will be taken by [www.CoachO.com/](http://www.CoachO.com/) once you have submitted your entries print out your final payment page and mail with your payment before the deadline.
- Items to Mail:** [Club Check, Entry fee sheet.](#)
- Packet Pickup:** Will be at the track starting 7:00 a.m.
- Eligibility:** All participants must be currently registered with USA Youth Track and Field, according to their birth year in the following age divisions. Exceptions will include Middle schools and elementary school teams.

<b>Divisions:</b>	<b>Eligibility:</b>	<b>Sub Bantam.....2000+</b>
		<b>Bantam.....1998-1999</b>
		<b>Midget.....1996-1997</b>
		<b>Youth.....1994-1995</b>
		<b>Intermediate.....1992-1993</b>
		<b>Young Women/Men.....1990-1991</b>

- Limitation:** Sub-Bantam, Bantam, and Midgets are limited to three (3) events. Youth and above are limited to four (4) events.
- Awards:** The top 3 will receive medals with ribbons for 4<sup>th</sup> thru 8<sup>th</sup>.place
- Check-In:** All participants in running events must check in with the clerk of the course when their event is called. Field events participants must report directly to the official in charge of their event when it is called.
- Concession:** A snack Bar with a large selection will be available on both days.
- Protest:** Protests must be made in writing (rule number must be indicated) with a \$25.00 deposit within 30 minutes of posted result. Protests must be given directly to the meet referee.

**Hotel:** For hotel accommodations please check Redondo Beach, Torrance, LAX, or Gardena through [www.Kayak.com](http://www.Kayak.com)

**SWIFT PERFORMCE/ TOGETHER ELITE TRACK MEET**  
**April 11-12, 2008**  
**ORDER OF EVENTS**

**SATURDAY-11**

**START TIME 8:00 A.M.**

1500M	RACE WALK	F	BG, BB, MG, MB
3000M	RACE WALK	F	YG, YB, IG, IB, YW, YM
100M	DASH	S/F	SBG-through YM
400M	DASH	F	BG-through YM
110M	HURDLES	F	IB, YM
100M	HURDLES	F	YB, YW, IG, YG
80M	HURDLES	F	MG, MB
4X100M	RELAY	F	SBG-through YM
3000M	RUN	F	MG, MB, YG, YB, IG, IB, YW
5000M	RUN	F	YM
100M	DASH	F	SBG-through YM
4X800M	RELAY	F	MG- through YM

**FIELD EVENTS-8:00AM**

HIGH JUMP	MG, MB, YG, YB
JAVELIN	YG, IG, YW, YB, IB, YM
MINI-JAV	BG, BB, MG, MB
LONG JUMP	YB, YG, SBG, SBB, IG, IB, YM, YW
SHOT PUT	MG, MB, YG, YB, IG, YW, IB, YM, BB, BG

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**SUNDAY-12**

**START TIME 8:00 AM**

1500M	RUN	F	BG- through YM
400/200M	HURDLES	F	IG, YW, IB, YM
200M	HURDLES	F	YG, YB
800M	RUN	F	BG- through YM
200M	DASH	F	SBG-throughYM
4x400m	RELAY	F	SBG- through YM

**FIELD EVENTS-8:00AM**

HIGHT JUMP	BG, BB, IG, IB, YM, YW
DISCUS	MG, MB, YG, YB, IG, YW, IB, YM
TRIPLE JUMP	YM, IB, IG, YG, YB, YW
LONG JUMP	BG, BB, MG, MB
POLE VAULT	YG-YM

Coaches, can you please not enter any athletes in the 400m that can't run that event in 90 or less. There are too many Sub Bantams entered in the 400m and the 800m. If we find that Sub Bantams are running in either of those events, then they must compete as a Bantam in all of their events during that meet. This is a SCA Youth rule.