

Date: March 24, 2007

Meet Director: Michael A. Landry

Location: Mira Mesa High School
10510 Reagan Road
San Diego, CA 92126

Facility: The track is an eight lane all weather.

Limitation: Sub-Bantam, Bantam and Midgets – maximum of three events.
Youth and Intermediate – maximum of four events.

**SUB-BANTAM IN THE LONG JUMP AND MINI-JAVELIN
2 THROW OR JUMPS. ALL OTHER DIVISION 3 NO
FINAL.**

Entry Fee: \$6.00 per athlete (not per event). Entry fees are to be paid in cash or by club check. Please make checks payable to **San Diego Golden Stars or SDGS**. No 'personal checks'. Hy-Tek will be used.

Deadline: **All Hand written entries are due by March 19, 2007. All Hy-Tek entries are due by March 21, 2007. Please e-mail your TCL FILE to sandiegoldenstars@cox.net. All changes must be submitted by midnight on March 22, 2007. No additional changes will be accepted after that!!**

Age Divisions:	Sub-Bantam	1999 & Later
	Bantam	1998 – 1997
	Midget	1996 – 1995
	Youth	1994 – 1993
	Intermediates	1992 – 1991

Awards: Ribbons - first thru sixth place, with participation ribbons for seventh thru eighth.

Concession: A snack bar will be available.

SDSGYTC 3RD ANNUAL TRACK MEET

RUNNING EVENTS

Pick-up at 7:45am

Coach meeting 8:10am

First call 8:35am

9:00am running events start

1500 meter run

bantam only

3000 meter run

midget-up

200 meter hurdle

youth-up

100 meter run

Sub-up

110 meter hurdle

intermediate

100 hurdle

youth

80 meter hurdle

midget only

200 meter run

sub-up

4x100 meter relay

sub-up

FIELD EVENTS

First call at 8:35am

8:45am javelin & long jump

First call 9:00am

9:00am high jump & shot

SHOOT PUT

Bantam

Midget

Youth

Intermediate

HIGH JUMP

youth

intermediate

bantam

midget

MIN-JAVELIN

midget

Sub-bantam

intermediate

bantam

youth

LONG JUMP

sub-bantam

bantam

midget

youth

intermediate

DISCUS

intern.

youth

midget